

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: STA

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Buyck Tine

Coaches: Lasoen Sam HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 16: 100M FREESTYLE MEN

Heat:1, starttime: 09:13

Heat: 1/10 Lane : 3 Athlete: DHOOGHE LIAM

Q-time: 00:55:65

PB (50m pool): 00:55.57 Lago Kortrijk Weide 03/05/2026

PB (25m pool): 00:54.34 SB: 00:55.57 Lago Kortrijk Weide 03/05/2026

	50 M	100 M	
PB	00:26.63	00:55.57	
	00:26.63	00:28.94	
			

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN

Heat:1, starttime: 10:17

Heat: 1/4 Lane : 3 Athlete: VAN AVONDT LINA

Q-time: 02:30:67

PB (50m pool): 02:30.67 Luxembourg 01/02/2026

PB (25m pool): 02:23.79 SB: 02:30.67 Luxembourg 01/02/2026

	50 M	100 M	150 M	200 M	
PB	00:35.52	01:13.08	01:52.31	02:30.67	
	00:35.52	00:37.56	00:39.23	00:38.36	
					

Coach feedback: